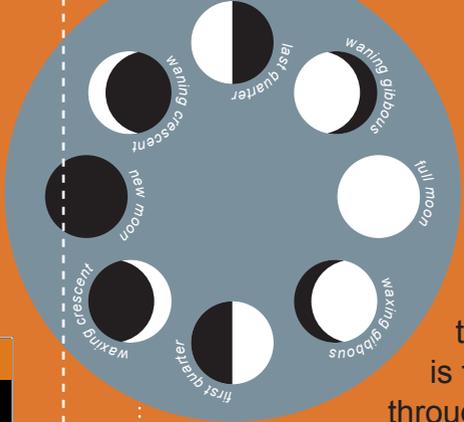
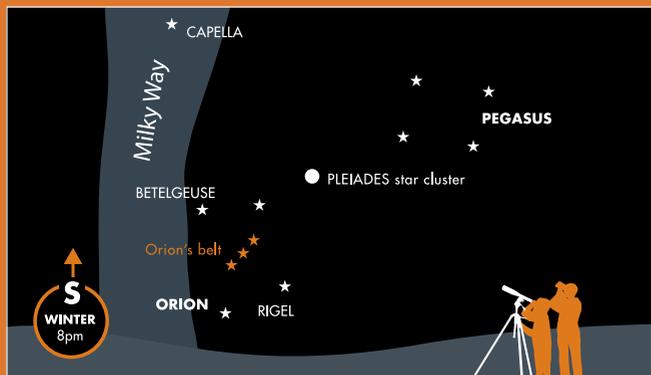
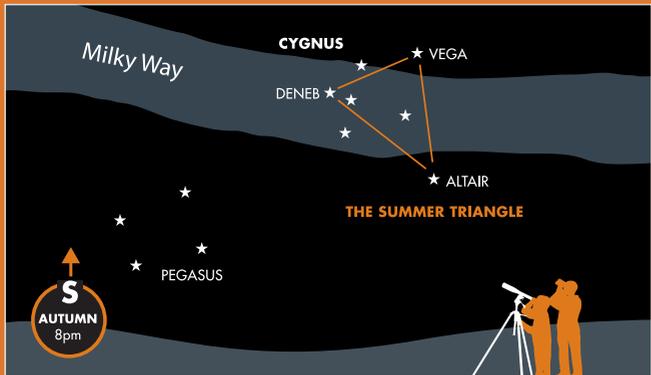
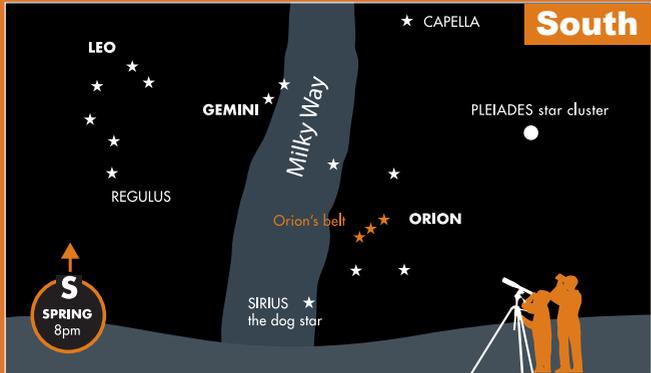


## Looking south

These stars change throughout the year but you could see the constellations of Orion, Pegasus and the Summer Triangle or even our Galaxy, the Milky Way.



**When's the best time to look?**  
The sky doesn't usually get dark enough in high summer, so the best time to view the stars is from **mid-August** through to **early May**.

It's also easiest to see the stars if there is no Moon – look out for new **Moon** phases.

### Top tips

Be **patient** – as your eyes adjust to the darkness, the more you will see.

Try to avoid looking at any lights as it can take up to 20 minutes for your night vision to come back.

Take **care**, there might be hazards hidden by the dark.

Bring warm clothing and blankets if you want to stay cosy as **clear nights** are also the most chilly.

Binoculars are useful if you have them, but you can see lots with the naked eye.

**Autumn** is best for the Milky Way and shooting stars

**Spring** is best for planets

**Winter** is best for star clusters and constellations



### Further information

For details of dark sky events, when to see shooting stars or the northern lights and simple starcharts visit

[www.yorkshiredales.org.uk/stargazing](http://www.yorkshiredales.org.uk/stargazing)

[www.darkskydiscovery.org.uk](http://www.darkskydiscovery.org.uk)

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YORKSHIRE DALES  
National Park Authority



YORKSHIRE DALES  
National Park

one of Britain's breathing spaces

# Stargazing

in the Yorkshire Dales  
National Park



The superb **dark skies** of the Yorkshire Dales National Park are one of the things that make it such a special place. Free from light pollution, it is a **stargazer's paradise**.

### Where should I go?

You can get fantastic views of the night sky, stars and planets just about anywhere in the National Park. The more remote you are from ambient light sources, including street lamps, the better.

### What can I see?

On a clear night you could see as many as **2,000** stars. In most places in the National Park it is possible to see the **Milky Way**, as well as planets, the northern lights, shooting stars – and not forgetting the Moon.

There are four Dark Sky **Discovery Sites** around the National Park which are a great place to start your stargazing adventure. These locations are open to the public, provide parking and other facilities and are accessible to people of all abilities.

## Stargazing Guide

An easy guide to help you navigate your way around the sky at night.

### Looking north

The Plough is the most easily recognised group of stars in the northern sky.

