

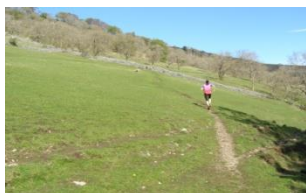
**WALK 7 – MODERATE:** 6 ¼ miles and 1,488 feet of climbing (approx)

Starting point: Arncliffe

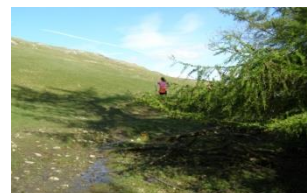
**Arncliffe – Kettlewell - Hawkswick**

**Refreshments: Falcon Inn, Arncliffe; Pubs & Cafes in Kettlewell**

**Directions:** Starting at the church in Arncliffe. Walk on the road towards the river and over the bridge. Immediately over the bridge take the public footpath on your right signposted Kettlewell 2½ miles. Follow the path along the river and climb the stone steps, cross the road and take the path immediately in front of you signposted Kettlewell 2 ¼ miles.



The path starts to climb steeply through the grass fields and over a stone stile. Go through the small wooden gate and the path climbs steeply through a small wood and becomes rocky as it climbs Park Scar. This section only lasts around ¼ mile. At the top, once through the gate turn right and start to head up the grassy path



The path climbs diagonally and less steeply now. Be careful not to go too far over to the right, particularly at the point in the photo on the left; if you reach the wall keep following it upwards until you reach the gate. Continue to climb up to the ridge. The climb is only around ¾ mile in total from Park Scar until reaching the ridge. Go over the stile and begin to descend towards Kettlewell.



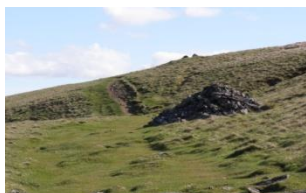
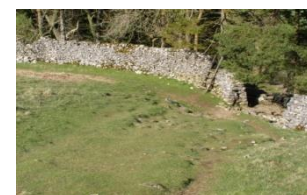
The path descends to the right and steeply at times but is mainly grassy apart from a small area of limestone scar (see photo on the right); a narrow scramble is required and can be slippery especially when wet. Continue to head downwards towards Kettlewell and the road



At the road turn right and take the Permissive footpath signposted Hawkswick 2 ¼ miles. Initially the path climbs steadily along the side of the road before heading away from the road and climbing more steeply.



Follow the path upwards passing the derelict building and head through the gap in the wall (with the wooden stile over the wall no longer required).



Continue to head upwards as the path becomes grassy and less steep, with cairns showing the way, until you reach the ladder stile at the ridge. Climb over the stile and start to head to the right, following the path as it goes diagonally down to Hawkswick.



On reaching Hawkswick at the road turn right and start to go through Hawkswick. Just after The Ballroom house take the bridge over the river and immediately turn right and go over the ladder stile and begin to walk along the side of the river towards Arncliffe.



Follow the path as it goes initially by the side of the river and then across fields before returning to the river again at Sandbanks. Continue to follow the path to Arncliffe, always with the river on your right. You will arrive in Arncliffe by the church. Turn left onto the road to return back to your starting point.

