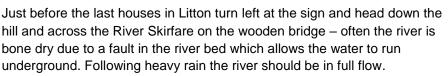
WALK 6 - EASY: 6 miles and 291 feet of climbing (approx)

Starting point: Litton

Litton - Halton Gill – Foxup

Refreshments: Queens Arms, Litton

Directions: Go through Litton village.



Once over the river turn right and head through the small wooden gate and go diagonally across the fields until reaching a small wooden gate, with Spittle Croft on your left. Go through this and then climb the stone steps to the next gate, once through this gate you are on the bridleway. Turn right and continue along the bridleway to New Bridge.





At New Bridge go through the wooden gate in front of you and start to climb the track by the wall, at the footpath sign for Nether Hesleden ³/₄ miles turn right and follow the path to Nether Hesleden. The path takes you through a number of fields and gates and then through 2 gates crossing a bridge between them, you've now reached the houses of Nether Hesleden on your left.

Just after the telegraph pole turn right onto the track and then almost immediately turn left over the grassy ground. This area can get very boggy following heavy rain (so you may choose to stay on the track and then turn left after the field). Cross the track and go through the wooden gate and up the stone stile and over the wall.





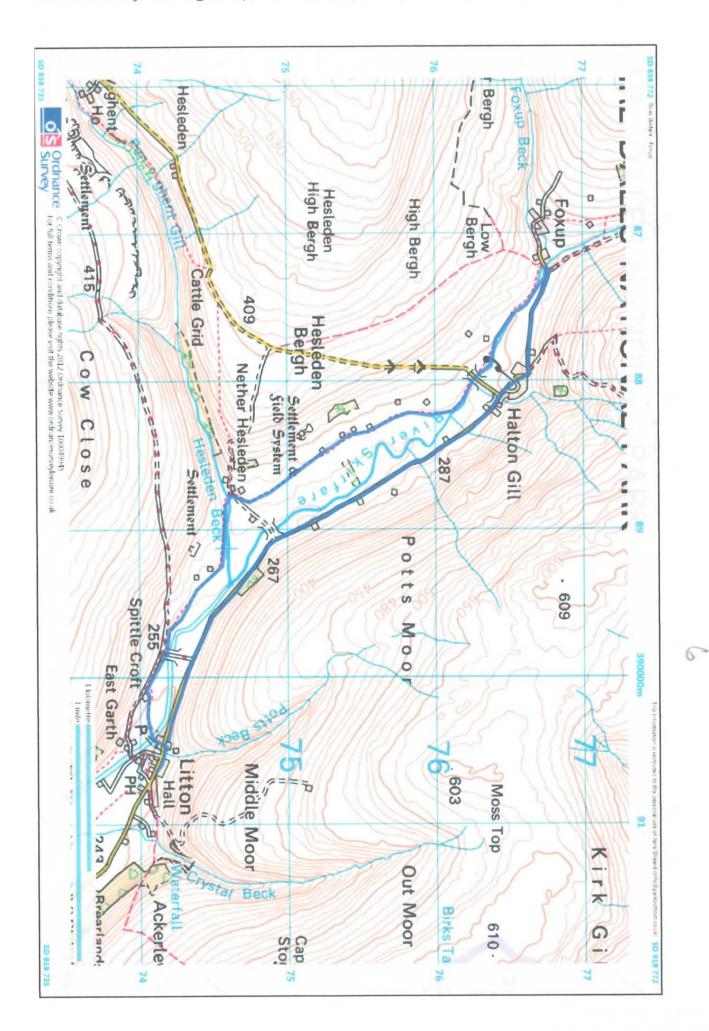
Here you climb the stone steps and head straight across the road and through the wooden gate and down the stone steps, following the footpath sign to Foxup. Follow the path along the river, passing through fields, on your right views of Horse Head pass and in front Cosh moor, until meeting the road at Foxup. Turn right at the road and cross the bridge and bare right, keeping on the road.

Follow the road passing the Ellergill bunk barn on your left hand side and the bridleway over Horse Head pass to Yockenthwaite. Drop down the slight hill into Halton Gill. As you go down the hill into Halton Gill. Continue along the road passing the Halton Gill bunk barn on your left and continue along the road. The road is very quiet and it may be possible to return to Park Bottom without meeting a car; but please be careful. The road is slightly undulating, after just over a mile you will pass the entrance to the houses and farm at Nether Hesleden on your right. Continue along the road, after a further ½ mile you will reach the track over to New Bridge, again on your right. You should now be able to see the hamlet of Litton, continue along the road and enter Litton.

The path now continues over fields going through gates and stiles and passing by derelict barns. Views of Horse Head pass will appear on your right, Cosh moor in front of you and Plover Hill to your left. Follow the path

until you meet the river again and arrive at the bridge in Halton Gill.





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